

# Seven Myths and Seven Truths about Life, Sex, HIV and AIDS



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Seven Myths about HIV, AIDS, Sex, and Life

### $\Re M = M + 10, 1$ Human beings evolved from an ape.



(If you believe that your greatgrandfather was a monkey, we want to sympathise with you. However, the good news is that it is completely unnecessary to be afflicted with such a degrading burden on your self-esteem! The truth is that you were created by God, in the image of God!)



HIV and AIDS came from monkeys and spread to humans. (There is a lot of monkey-talk going about HIV and AIDS. However, it is our objective to ensure that you understand the truth!)



Using a condom is safe sex. (The truth is that condoms fail 20% of the time. You have a one out of five chance to contract HIV and AIDS using a condom! Dr A Van Eeden, DFL)



You don't need marriage to experience true sexual fulfilment. (Sexual fulfilment involves a lot more than simply an emotional kick from a one-night stand! See Truth No. 4)

#### With no. 5: It is your circumstances preventing you from living a moral life. (It is not your circumstances preventing you from living a moral life, but ignorance of the truth.)



You can live a careless and licentious lifestyle of sexual immorality, drinking, drugs and crime now, without negative consequences later. (Only fools think this way! You can bet your life on it that such an attitude will destroy you [and those around you]. See Truth No. 3.)

Myth no. 7:





Knowing all the facts, talking about HIV, AIDS and sex, and believing you are able to lay charge of your own life, will protect you from the risk of contracting HIV and AIDS.

(Nothing will prevent you from contracting HIV and AIDS — not even knowing all the risks of infection will save you — more than 5 million South Africans already have it, and more than 1500 new people are infected every day, in spite of all the prevention programs already in place. Sooner or later AIDS will get you — there is no hope for you — except for the truth — continue reading!) Seven Truths about Life, Sex, HIV and AIDS



## You were created by God, in His image, and for a Divine purpose!

"Then God said, "Let Us make man in Our image, according to Our likeness; ..." So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the



earth." (Gen 1:26-28) (NKJV)

This firstly means that you have certain attributes an animal does not have you are made up of Body, Soul, and Spirit. You were made like God! This means, amongst other, that you have an immortal Soul and Spirit!

Secondly, it means that because you were made to rule over the earth, God has a very special plan for you! He has the right marriage partner for you. He has the right job, home, and family for you! However, if you want to find God's plan and purpose for your life, He has a Divine order within which you have to live. More about this later. What is important to understand right now is that you will never find God's plan and purpose for your life unless you believe God's Word concerning your creation!

## You will never find God's plan and purpose for your life for as long as you believe you evolved from an ape!

### Truth no. 2 The primary cause of HIV and AIDS is an immoral lifestyle!

There is a relationship between HIV and AIDS, and God whether you believe it or not! You will never be able to reason the God-factor out of HIV and AIDS — it doesn't matter how hard you try or deny! Have you ever wondered why it is that no cure for AIDS, a sexually transmitted disease, can be found to date? Makes you think — doesn't it?

Marriage is the boundary set by God within which sex may be practised. (Ex 20:14; Gal 5:19) Sexual immorality is the practising of sex outside the boundary of marriage, and HIV and AIDS is the consequence of sexual immorality. Some people don't want to acknowledge this and label this a judgemental approach. The tragedy is that millions of people are being deceived into believing that sex outside of marriage is OK—just don't let HIV and AIDS get you. For the same reason some people believe crime and corruption is OK—just don't get caught!

HIV and AIDS is spreading not because people don't use condoms, but for one reason only—violation of God's moral laws! God also has "terms and conditions". Live your life the way you want to—but be warned, God's terms and conditions apply! Jesus says in Rev 2:21,22: "And I gave her time to repent of her sexual immorality, and she did not repent. Indeed I will cast her into a sickbed, and those who commit adultery with her into great tribulation, unless they repent of their deeds." (NKJV)

### HIV and AIDS is a pointer towards God's moral law

# Truth no. 3 The consequence of an immoral life is self-destruction!

Morality is God's standard by which an action is judged to be right or wrong. God's Charter of Moral Values ("terms and conditions", if you want) is summarised in the Ten Commandments, and is applicable to everybody! You may not acknowledge or submit yourself to the Ten Commandments — but know this, you will be judged by it — whether you are a Christian or not!\* (\*See Truths 6 & 7)

To refresh your memory, this is what it says (Ex 20:3-17):

- 1. You must worship God (the Triune God of the Bible) alone
- 2. You may not make an image of anything and worship it
- 3. You may not use the Name of God in vain
- 4. You must honour the Sabbath as God's day of rest
- 5. You must honour your father and mother (and submit to authority)
- 6. You may not commit murder (including attitudes of hatred)
- 7. You may not commit adultery (or any form of sexual immorality)
- 8. You may not steal
- 9. You may not lie (or be dishonest)
- 10. You may not covet what does not belong to you

Let there be no doubt in your mind — if you continue to violate God's moral laws — sooner or later you will pay the price! Transgression of God's moral laws will lead to self-destruction! Sexual immorality will lead you to HIV, AIDS and death. Drug and alcohol abuse will lead you to addiction and untimely death. Murder, theft, fraud and crime will lead you to criminal conviction and self-destruction — while insubordination to God's moral laws will eventually lead you to hell!

The slogan for immorality, crime and sin is: 'Enjoy now -- pay later!"

## 🚯 Truth no. 4

# God's formula for sexual fulfilment is sexual abstinence until marriage!

Love consists of three main elements, namely, Chemistry, Companionship, and Commitment. Sex alone is no expression of true love. The prostitution trade is proof hereof! Love is only complete when all three of these elements are present — and that only occurs in marriage.

Marriage is a covenant of faithfulness between a man and a woman until death. Living together is no substitute for marriage, because its lacks the 'Commitment' element. The reason why many married couples don't find sexual fulfilment in marriage is because they have entered marriage with baggage from sexual relationships before marriage! Make no mistake — sex before marriage will substantially reduce your chances of a happy marriage later!

Marriage was God's idea and instituted by God! *"Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh."* (Gen 2:24) (NKJV) Any attempt to eliminate or degenerate the role of marriage will end in tragic consequences, as is prevalent in our society today. Marriage is the only place where long term sexual fulfilment will be found and partners can engage in sex without fear of HIV contamination! The following story was told by Dr John Maxwell: *"A grandson once asked his grandfather: 'Grandpa, in your young days they did not have the technology we have today. What did you use for safe sex?' Upon which the grandfather replied: 'A wedding ring!'"* 

### Marriage is God's only answer for safe sex!

## God's primary destiny and plan for you in this world is to be part of a family!

God's plan for you is to produce an offspring in His own image through you! "So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them, and God said to them, "Be fruitful and multiply; ..." Gen 1:27,28) (NKJV)

The family is God's design through which He wants to implement His plan for our world. He has ordained marriage in order to entrust you with children to be raised as responsible citizens. For this to happen there must be both a father and a mother who are able to provide a home where family values, peace, love, stability, righteousness, discipline and security prevails!

The consequence of our failure to comply with God's design reflects in the statistics of HIV and AIDS, AIDS orphans, unmarried mothers, street children, divorce, violence against woman and children, single parents and broken homes, which in turn is the root cause of rape, drug and alcohol abuse, crime and all the evils of our society.

God's plan for your life is to have a happy family life — and a happy family life begins with a happy marriage. If you follow and pursue God's plan for your life at all cost, you will find true happiness, meaning and fulfilment in life. On the contrary, if you transgress or ignore God's plan for your life, it will lead to emptiness, failure, broken lives, and a trail of misery.

HIV and AIDS is the consequence of missing God's plan for your life!

### Truth no. 6 The reason why people transgress God's moral laws, is because they are controlled by their inborn sinful natures!



God made man in His own image. (Gen 1:27) This means, amongst other, that every human being is made up of Body, Soul, and Spirit. One's Soul (Psyche), is made up of your Will, Intellect and Emotion. Your Will, Intellect and Emotion drives your entire life, and the way in which these functions drive your life, depends on who is in control of your spirit.

The Bible teaches that because of the fall into sin of our forefathers, Adam and Eve, all people have inherited, and are therefore born, with a corrupted, sinful nature. (Ps 51:5) This sinful nature does not submit to God's moral laws — in fact it cannot! (Rom 8:8) This sinful nature can be nicely trained and polished, but it will never lose its sinful tendencies. (Rom 7:15-24) For this reason it serves no purpose in telling you what is right and wrong, unless we also teach you how to overcome your

sinful nature! The starting point is to be born again! This is why Jesus said in John 3:3: "... unless one is born again, he cannot see the kingdom of God." (NKJV)

You will never be able to meassure up to God's moral law unless your spirit becomes alive for God and His Word - it is called the new birth!



# The only way you will find God's destiny for your life, both now and the life hereafter, is through Jesus Christ!

People are looking for solutions to their problems in many different places. They grab at every straw of grass in their search for salvation from the grip of HIV and AIDS, poverty, failure, brokenness, emptiness and depression! But may we introduce you to the only real solution! Jesus says, *"I am the way, the truth, and the life …"* (Joh 14:6) Are you looking for the way—Jesus is the way! Are you looking for the truth.

The only place where you will find true and lasting happiness, peace, fulfilment and freedom, and the power to live a consistent moral life, is with Jesus Christ! Are you looking for real life—you will find it with Jesus! Jesus says "... I have come that they may have life, and that they may have it more abundantly." (Joh 10:10)

Are you free to choose the right and shun the wrong, or are you still in bondage to your sinful nature? Are you looking for freedom from the stigma of HIV and AIDS? The only way you will get rid of the stigma of AIDS is to be forgiven, cleansed and delivered from the guilt and bondage of immorality and sin, by the blood of Jesus Christ! Are you looking for real freedom? You will find real freedom only in Jesus Christ. *"Therefore if the Son makes you free, you shall be free indeed."* (Joh 8:36) (NKJV)

Only God can remove the stigma of HIV and AIDS and set you free to live in harmony with His moral law!

### How does one enter into this new life with Christ and how does one become born again?

Firstly, you have to understand a few basic facts:

- You and every other person on earth are destined for eternal damnation and death because we were all born sinners as explained in Truth no. 6.
- God sent His Son, Jesus Christ, to die on the cross of Calvary and pay the penalty for your sin in your place and on your behalf, and every other person on earth. "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." (Joh 3:16) (NKJV)
- You have to make a voluntary decision to accept Jesus Christ as your Lord and Saviour, asking Him to forgive your sin, and trusting Him to save and deliver you from the penalty as well as the bondage of sin, in prayer.
- You have to put your faith in Jesus Christ and trust Him with your entire life. The 'magic' word is FAITH!

Now pray this prayer:

Dear Lord Jesus Christ, I surrender my life to You this moment, asking You to be my Lord and Saviour. I am sorry for my sins and have an honest desire to live up to Your moral standard. Please forgive my sins. Wash me in your blood shed for me on Calvary. Cleanse me from sin and deliver me from every bondage. Make me a new person. I trust You with my life and I believe in You. Amen.